

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

PRO PLATE SQUAT / DEADLIFT

Power Lift's Squat and Deadlift machine gives your athletes the same benefit of normal squats and deadlifts but in a controlled environment. Our machine has multiple hand positions and a stability bar to allow for single-leg squats, offering variation to a typical squat or deadlift workout.

KEY FEATURES:

- Weight storage standard
- Stability bar for single leg squats
- Multiple hand positions
- Accommodates a variety of exercises: shrugs, lunges, squats
- Urethane foot pads standard
- Ratchet seat mechanism accommodates all user sizes
- Low start resistance with ability to add plates to accommodate all fitness levels
- Standard counter balance
- 3" thick pads for user comfort and support
- Movable joints feature ball bearings
- Standard weight horns



Overall Dimensions:

64" (L) x 61" (W) x 44" (H)
290 lbs. (Approximate Weight)

Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

Part Number:

82686A

powerliftusa.com
800.872.1543

